



# MEET THE FELLOWS

— CLASS OF 2022 —

First Pres Fellows Colorado Springs elevates the next generation of leaders to live out a passion for Christ and a vision for His Kingdom. They learn better how to think clearly, care deeply and act courageously to help bring light and life to our cities and communities.



FIRST PRES  
FELLOWS

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### SAM ARNOLD

**Hometown:** San Marcos, California

**University:** Wheaton College

**Field of Study:** Political Science  
with a Communication Minor

**Employment:** City of Colorado Springs

**More about Sam:** At Wheaton, I pitched for and was captain of our baseball team, and was fortunate enough to go on a team mission trip to Colombia during my junior year. I drummed for the school's chapel band in my junior and senior years. I aspire to serve the community through a career in local government.

**Interests:** Baseball, exercise, worship, the San Diego Padres, coffee, and podcasts about music.



### JAMES DEMPSEY

**Hometown:** Loughrea, Ireland

**University:** Belhaven University

**Field of Study:** Sports Management

**Employment:** Head JV soccer coach at Vista Ridge High School and a head coach with Pride Soccer Club

**More about James:** While I was at Belhaven, I played soccer and coached at a local youth club where I discovered my passion for coaching. I was a college ministry leader at Fondren Church and assisted in leading my college group on a mission trip to the Mississippi Delta during my senior year. After completing the Fellows program, I plan to pursue a graduate assistant position with the soccer program at UCCS here in the Springs.

**Interests:** Photography, Weightlifting, Skiing, Travel and watching my favorite soccer team Manchester United play.

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## NOAH GRAHAM

**Hometown:** Brevard, North Carolina

**University:** North Carolina State University

**Field of Study:** Mechanical Engineering

**Employment:** Crossfire Ministries

**More about Noah:** I got to run D1 cross country and track at North Carolina State for a couple years. I was a Young Life College leader all four years of college, and this last summer I took eight kids on a nine-day backpacking trip along the Appalachian Trail. I'm struggling to learn how to cook for myself because my mom's cooking was too good.

**Interests:** Being outside, playing sports, reading, learning French, finding the best chocolate milk brands.



## EMMA GWYNN

**Hometown:** Greensboro, North Carolina

**University:** Appalachian State University

**Field of Study:** Interior Design

**Employment:** Seasons Interiors

**More about Emma:** I was a member of RUF & NewLife, two campus ministries where I was in various small groups. This really sparked my passion for relationships and community. I find joy in friendships, creativity, and a really strong cup of coffee. I hope to be a part of young adult community building at First Pres! I love all things about outdoor adventure and am stoked about everything Colorado has to offer.

**Interests:** Design, running, biking, hiking, dark chocolate and my dog Tucker.

## FIRST PRES FELLOWS CLASS OF 2021



### CABREY KELLER

**Hometown:** Severna Park, Maryland

**University:** Washington and Lee University

**Field of Study:** Cognitive and Behavioral Science, Poverty Studies and Human Capabilities, Pre-Med

**Employment:** Colorado Springs Orthopaedic Group

**More about Cabrey:** At Washington and Lee, I served as a peer counselor and led pre-orientation backpacking trips for freshman. I worked as a volunteer coordinator for a tutoring program for underprivileged students at a local middle school, where I also led Wyld Life. I was a member of the ODK leadership society, PBK academic society, and a research assistant in the Stress and Sleep Lab at W&L.

**Interests:** Hiking, backpacking, running, frolicking, skiing, snowboarding, cooking and baking sourdough bread.



### ABBY KREUGER

**Hometown:** Holt, Michigan

**University:** Hope College

**Field of Study:** Communication (Media) with a minor in Leadership

**Employment:** Crossfire Ministries

**More about Abby:** I was a soccer player and a leader with our Athletic Ministry team on campus throughout college. I also worked as the Video Coordinator for our athletics department. I hope to pursue a career involving film in some way. My experiences traveling and studying abroad in Vienna have given me a deep appreciation for other cultures and I hope to continue exploring them.

**Interests:** Backpacking, snowboarding, film, travel, scuba diving, and having spontaneous adventures with friends.

## FIRST PRES FELLOWS CLASS OF 2022



### AUDREY PUTNEY

**Hometown:** Georgetown, Texas

**University:** Baylor University

**Field of Study:** English and Business Administration

**Employment:** Touch of Life International (TOLI)

**More about Audrey:** I studied abroad in London, where I interned at a humanitarian nonprofit. I've worked on the partnerships team at Darling magazine, and best of all, I served at a Christian camp for two summers leading middle schoolers. I was in an interdisciplinary core program at Baylor, where I studied different cultures, philosophies and religions.

**Interests:** Reading, traveling, laughing with friends and family, lakes, and hiking.



### TRENT RUSSELL

**Hometown:** Helena, Alabama

**University:** Troy University/University of Alabama at Birmingham

**Field of Study:** Economics

**Employment:** Edward Jones Investments

**More about Trent:** I served as a Resident Assistant in Troy's international student residence hall for one year and served the international student community with a ministry called Campus Outreach. I participated in a language and culture study abroad trip in China and have been on mission trips to Belize, Brazil and other cities in the U.S.

**Interests:** Hiking, sports and traveling.

## FIRST PRES FELLOWS CLASS OF 2021



### LIZZY STOKES

**Hometown:** Jacksonville, Florida

**University:** Appalachian State University

**Field of Study:** Sustainable Development

**Employment:** Pikes Peak Outdoor Recreation Alliance

**More about Lizzy:** Throughout college, I spent my summers working as a whitewater rafting guide and led backcountry trips for Noah's Ark in Buena Vista, Colorado. During the school year, I spent much of my time looking for new rivers to raft, exploring the Blue Ridge Mountains, painting, or studying the complexities of sustainability. I once did a month-long backpacking trip in Alaska!

**Interests:** Hiking, rafting, painting, making and eating food with others, Nerds ropes, Trent's T-shirt collection.



### MATTHEW "CHEW" WILKINSON

**Hometown:** Tulsa, Oklahoma

**University:** Oklahoma State University

**Field of Study:** Industrial Engineering and Management

**Employment:** First Pres College Ministry

**More about Matthew:** In college, I engaged in ministry as a Young Life leader and as a youth group volunteer in my church while also serving on officer teams for a philanthropy called "The Wells Project" and for the Industrial Engineering professional society. I'm now preparing for a career within a local church and hope to learn about effective ministry practices as well as church administration.

**Interests:** Hiking, skiing, sports.